



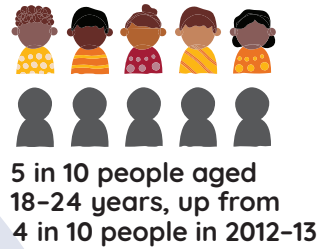
AUSTRALIA WIDE 2018–19



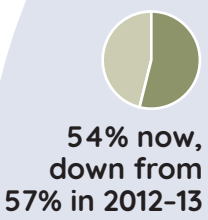
More people reported excellent or very good health



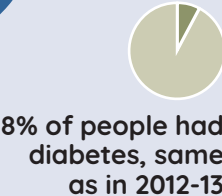

More young people have never smoked




Fewer people are binge drinking




Diabetes remains steady




People are not eating enough fruit and veg

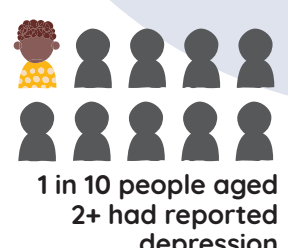
Of people aged 15+, 39% eat enough fruit and 4% eat enough veg

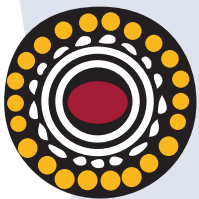


Heart disease




Mental health





Thank you

A big THANK YOU to those who took part in the survey and shared their stories - your support and help are so important.

What is the NATSIHS?

The National Aboriginal and Torres Strait Islander Health Survey (NATSIHS) 2018-19 was conducted by the Australian Bureau of Statistics (ABS) from July 2018 until April 2019. The survey collected information about the health status of Aboriginal and Torres Strait Islander peoples. It focused on health conditions, lifestyle factors, health service use, social and emotional wellbeing, and physical measurements. For the first time, in 2018-19 the NATSIHS also included a voluntary, self-administered hearing test for people aged 7 years and over who did not have a cochlear implant.

Who took part in the survey

Nationally, the sample included about 10,500 people from around 6,500 households. People of all ages took part in the survey from across all Australian States and Territories, including remote communities.

How will the survey help me?

Communities, health professionals, governments and researchers use the survey results to help improve services and health programs for Aboriginal and Torres Strait Islander peoples and the wider community. The information is used to find ways to help people live healthier and happier lives.

