

Please open this FLAP for importan Diary keeping instructions.

## Key Points for Diary Keeping

$\checkmark$ DO fill in your Diary each day.
$\checkmark$ DO include all items paid for by cash, debit card EFTPOS, cheque, direct debit.
$\checkmark$ DO include all items bought on a credit card on the day they are purchased.

- DO include pay deductions such as union fees.
x DO NOT include payments which will be fully refunded by any person or organisation outside the household.
x DO NOT include payments which will be fully charged to your business or farm for taxation purposes.
x DO NOT include details of payments to a membe of your household who is also keeping a Diary


## Diary Keeping Tips

Food and Drink
Record whether fresh, frozen, tinned or dried
Record type of fruit and vegetables e.g. apples
Record type of meat e.g. lamb chops.
Specify if meal was eat-in or take-away.
For eat-in meals, record drinks separately

## Clothing, Footwear, Haircuts

Record whether men's, women's, girls', boys' or infants'

## Holiday Expenses

Specify number of nights away in the Description of item column and specify a expenses separately rather than as a single item e.g. motel accommodation (3 nights), petrol (3 nights), airfare (3 nights).

## Internet Purchases

Record in Australian dollars if known, otherwise record the currency purchased in e.g. $\$ 15$ (US)

Thank you for your cooperation with this survey.
Your assistance in recording your day-to-day purchases and payments in this Diary is important.

The information collected in this survey and the information from the Diaries will provide valuable data to allow comparisons of the spending patterns of different types of Australian households.

Before you start to fill in this Diary, please read the notes and examples on pages 3-7

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## (c) $(\underset{)}{ }($

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## How to fill in this Diary

## Record all payments and purchases during the next week in your Diary:

- Each day, write down everything you spend money on. It does not matter how large or small the amount, or whether you used cash, a credit or debit card, or a cheque.
- Don't forget to record any bill payments (e.g. power and phone accounts), including those paid by credit card, BPAY, direct debit, etc.
- If you have attached a docket, only write the total docket amount in the Diary.
- Write 'NIL' on the first line if you don't spend anything on a particular day.


## The only items which should be excluded are the following:

- Exclude details of payments to a member of your household who is also keeping a Diary.
- Exclude details of payments which will be fully refunded by any person or organisation outside the household.
- Exclude details of payments fully charged to your business or farm for taxation purposes.


## Complete the Diary as follows:

- Record all payments and purchases in apart from those that are more appropriately included in $\mathbf{B}$ to $\mathbf{F}$.
- Record winnings from lottery, TAB, poker machines, etc. in B .
- Record payments which will be partly refunded in C.
- Record goods and services obtained from or paid for by your employer in D.
- Record payments which will be partly charged to your business or farm in E.
- Record goods and services obtained from your business or farm in F.


## Credit Cards

- Record items bought on credit cards (e.g. Mastercard, David Jones card) on the day they are purchased.
- When money is paid off a credit card, record only the type of card and the amount paid.


## Payments of accounts other than credit card bills (e.g. newspaper or phone accounts)

- Enter details of items purchased on the day the account is actually paid.
- Give details of each item on the account.


## How to fill in this Diary

- Show the type of payment, e.g. store card, cash, cheque, credit card, pay deduction, EFTPOS, BPAY, direct debit.
- Dockets can be attached. For each docket, write 'Docket attached' in the Description of item column and record the total docket amount. If the information on the docket is inadequate, add in the necessary details (see page 6).
- Tick if the product was ordered over the Internet.
- Give a full description of the item, e.g. boys' haircut, men's suit, tinned cherries, leg of lamb.
- Each item must be specified individually, e.g. apples, bananas, veal steaks, beef mince, lamb chops.
- Do not only write 'haircut', 'suit', 'fruit' or 'meat'.
- Show the exact amount of the purchase or payment, in dollars and cents, e.g. \$48.60.
- Ensure drinks are listed and priced separately from meals in restaurants, clubs, etc.
- Specify 'eat-in' or 'take-away' for food outlets where meals can be eaten on the premises or taken away.
- Show the weight, volume or number of items in the quantity column.
- Record your share of any outlays or payments made on Lotto, bingo, lottery tickets, etc. in A on the day they are made.
- Show the type of store or outlet. Includes places such as supermarkets, hotels and clubs, sports grounds, service stations, door-to-door sales, coffee shops, take away shops, corner stores, vending machines and theatres.
- Record your share of any winning payouts from Lotto, bingo, lottery tickets, etc. in B on the day monies are paid.
- Record total winnings - not winnings less the amount spent.

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Poker Machine / Casino Games - Example:
Changed $20 to play poker machine. (Record in A )
Finished playing and left with $15. (Record in B )
TAB, Lottery and Lotto Games, etc. - Example:
Bought Scratchie $2.
(Record in A )
Won $10.
(Record in B )
```

Attach docket/s here
Example
MON TUE
WED THUR FRI SAT
SUN

## A Payments and purchases

| Type of store or outlet e.g. newsagency | Description of item | Quantity | Tick if ordered over the Internet | Type of payment <br> e.g. cash | Amount paid |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | \$ | c |
|  | JOHNNY'S SUPERMARKETS CARROT LOOSE |  |  |  |  |  |
|  | $\begin{array}{ll}0.770 \mathrm{KG} \text { e } \$ 1.98 / \mathrm{KG} & 1.52 \\ \text { MONBULK JAM } 680 \mathrm{G} & 3.78\end{array}$ |  |  |  |  |  |
|  | *THE AUSTRALIAN 1.30 |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | FROZEN BEANS 1KGBROCCOLI LOOSE |  |  |  |  |  |
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|  | 0.515 KG @BV LFM 1LT $\stackrel{\$ 3.68 / \mathrm{KG}}{ }$Mulk 1.89 <br>  1.98 |  |  |  |  |  |
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| - | 9 baLANCE dUE $\quad \$ 40.94$ |  | - |  |  |  |
| Supermarket | Docket attached |  |  | EFTPOS | 40 | 94 |
| Telstra | Mobile phone bill (phone banking) |  | $\rightarrow$ | BPAY | 46 | 72 |
| Hardwarestore | Picket palings(new fence) | 120 |  | Cheque | 700 | 00 |
| Hairdresser | Haircut (boys') | $1 \times$ |  | Cash | 16 | 00 |
| - | Union fees |  | , | Payroll deduction | 15 | 40 |
| DepartmentStore | Singlet (girls') | 1 |  | Myer Card | 9 | 50 |
| Clothes Store | Lay-by payment ondressf(ladies') | 4 |  | Cheque | 40 | 00 |
| Pharmacy Direct | Vitamins | -1 | $\checkmark$ | Credit card | 14 | 95 |
| Milk ${ }^{\text {arar }}$ | Fish and chips (take-away) | 2 | - - | - Cash | 13 | 00 |
| Restaurant | Meals (eat-in) | 2 |  | Credit card | - 48 | 60 |
| " | Cocktail drinks | 2 |  | " | 14 | 00 |
| Hotel | Jug of beer | 1 |  | Cash | 13 | 50 |
| " | Cans of beer (take-away) | 6 |  | " | 14 | 95 |
| - - | Pocket meney for children |  |  | Cash | 12 | 00 |
| Club | Poker machine money - |  |  | Cash | 20 | 00 |
| Supermarket | No. 14 frozen chicken | 1 |  | EFTPOS | 7 | 98 |
| " | Tuna (tinned) | -1 |  | " | 2 | 57 |
| " | Leg lamb | 1 |  | " | 16 | 18 |
| Service station | Petrol | 361 trs |  | Credit card | 54 | 00 |
| Real Estate Agent | Rental payments |  |  | Direct debit | 310 | 00 |


| Winnings from Lottery, TAB, Poker Machines, etc. |  |  |
| :---: | :---: | :---: |
|  | Amount |  |
| Type of winnings (e.g. TAB, lottery, Tattslotto) | \$ | c |
| Poker machine winnings | 15 | 00 |
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## How to fill in this Diary

- To help make Diary completion easier you may attach dockets to the Diary page. Only the total amount on each docket needs to be written in the Diary.
- Only attach dockets if they contain the type of information shown in the example below.
- If a docket does not provide all the necessary details, either add the necessary details to the docket as shown below, or write the item in the Diary and cross it from the docket.
- Be careful not to write over the price on the docket.


## Example of a docket



## Some easily forgotten purchases \& payments

- Take-away, restaurant meals
- Beer, wine, spirits
- Ice cream, lollies
- Cigarettes
- Petrol
- Newspapers, magazines
- Theatre, football tickets
- Subscriptions, e.g. to magazines, concerts, etc.
- Newspaper bills / accounts
- Laundry, dry cleaning
- Bus, train, taxi fares
- Fees to doctors, dentists, childminding, (e.g. day care fees, babysitting costs, etc.)
- Repairs (e.g. to motor vehicles, shoes, etc.)
- Bills paid by phone or Internet
- Automatic payments made directly by banks, etc.
- Parking and toll charges
- Club fees and subscriptions
- Children's pocket money
- Donations to charities, churches
- Lottery, TAB, raffle tickets
- Birthday presents (specify item purchased)
- Postal charges
- Items downloaded from the internet (e.g. music, computer software etc.)
- Lay-by payments (specify item)
- Deductions from wages such as tax, union fees
- Superannuation and life insurance

Please unfold the side flap to refer to the notes

## A Payments and purchases

| Type of store or outlet e.g. newsagency | Description of item | Quantity |  | Type of payment e.g. cash | Amount paid |  |
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| Payments and purchases (continued) |  |  |  |  |  |  |
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| Type of store or outlet e.g. newsagency | Description of item | Quantity | Tick if ordered over the Internet | Type of payment <br> e.g. cash | Amount paid |  |
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- If not enough space, record additional items on page 22.

B Winnings from Lottery, TAB, Poker Machines, etc.

- See the examples on pages 4 and 5 .

| Type of winnings (e.g. TAB, lottery, Tattslotto) | Amount |  |  |
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Please unfold the side flap to refer to the notes

## A Payments and purchases

| Type of store or outlet e.g. newsagency | Description of item | Quantity | Tick if ordered over the Internet | Type of payment <br> e.g. cash | Amount paid |  |
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| Payments and purchases (continued) |  |  |  |  |  |  |
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| Type of store or outlet e.g. newsagency | Description of item | Quantity | Tick if ordered over the Internet | Type of payment <br> e.g. cash | Amount paid |  |
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- If not enough space, record additional items on page 22.

B Winnings from Lottery, TAB, Poker Machines, etc.

- See the examples on pages 4 and 5 .

| Type of winnings (e.g. TAB, lottery, Tattslotto) | Amount |  |  |
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## A Payments and purchases

| Type of store or outlet e.g. newsagency | Description of item | Quantity | Tick if <br> ordered over the Internet | Type of payment <br> e.g. cash | Amount paid |  |
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| Payments and purchases (continued) |  |  |  |  |  |  |
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| Type of store |  |  | Tick if ordered | Type of | Amount paid |  |
| e.g. newsagency | Description of item | Quantity | Internet | e.g. cash | \$ | 4 |
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- If not enough space, record additional items on page 22.

B Winnings from Lottery, TAB, Poker Machines, etc.

- See the examples on pages 4 and 5 .

| Type of winnings (e.g. TAB, lottery, Tattslotto) | Amount |  |
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Please unfold the side flap to refer to the notes

## A Payments and purchases

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| Payments and purchases (continued) |  |  |  |  |  |  |
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| Type of store or outlet e.g. newsagency | Description of item | Quantity | Tick if ordered over the Internet | Type of payment <br> e.g. cash | Amount paid |  |
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- If not enough space, record additional items on page 22.

B Winnings from Lottery, TAB, Poker Machines, etc.

- See the examples on pages 4 and 5 .

| Type of winnings (e.g. TAB, lottery, Tattslotto) | Amount |  |
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## A Payments and purchases

| Type of store or outlet e.g. newsagency | Description of item | Quantity | Tick if ordered over the Internet | Type of payment <br> e.g. cash | Amount paid |  |
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| Payments and purchases (continued) |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { Type of store } \\ & \text { or outlet } \\ & \text { e.g. newsagency } \end{aligned}$ | Description of item | Quantity | Tick if ordered over the Internet | Type of payment e.g. cash | Amount paid |  |
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- If not enough space, record additional items on page 22.

B Winnings from Lottery, TAB, Poker Machines, etc.

- See the examples on pages 4 and 5 .

| Type of winnings (e.g. TAB, lottery, Tattslotto) | Amount |  |
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Interviewer use only
$\square$

Please unfold the side flap to refer to the notes

## A Payments and purchases

| Type of store or outlet e.g. newsagency | Description of item | Quantity | Tick if ordered Internet | Type of payment <br> e.g. cash | Amount paid |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
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| Payments and purchases (continued) |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Type of store |  |  | Tick if ordered | Type of | Amount paid |  |
| e.g. newsagency | Description of item | Quantity | Internet | e.g. cash | \$ | $¢$ |
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- If not enough space, record additional items on page 22.

B Winnings from Lottery, TAB, Poker Machines, etc.

- See the examples on pages 4 and 5.

| Type of winnings (e.g. TAB, lottery, Tattslotto) | Amount |  |
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Interviewer use only
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Please unfold the side flap to refer to the notes

## A Payments and purchases

| Type of store or outlet e.g. newsagency | Description of item | Quantity | Tick if ordered over the Internet | Type of payment <br> e.g. cash | Amount paid |  |
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| A Payments and purchases (contuea) |  |  |  |  |  |
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- If not enough space, record additional items on page 22.

B Winnings from Lottery, TAB, Poker Machines, etc.

- See the examples on pages 4 and 5.

| Type of winnings (e.g. TAB, lottery, Tattslotto) | Amount |  |  |
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Interviewer use only
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## Additional Page

## A Payments and purchases (coninued)

Note - Use this page to record any item or payment which did not fit on the appropriate day's page.

- Enter the day of the week on which you made the purchase or payment.

|  | Please unfold the side flap to refer to the notes |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Type of store |  |  | Tick if ordered | Type of | Amo |  |
| Day | e.g. newsagency | Description of item | Quantity | Internet | e.g. cash | \$ | $\varphi$ |
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## C

## Payments which will be partly refunded

$\checkmark \quad$ DO include payments which will be partly refunded by any person or organisation outside the household, e.g. a payment for a visit to the doctor and the health benefit refund for this visit.
$x \quad$ DO NOT include payments which will be fully refunded.
Note - If you do not know the actual amount to be refunded, an estimate will be sufficient.

| (1) |  | Description of item | Quantity | Tick if ordered over the Internet | Total amount paid |  | Amount refundable |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Day |  |  |  | \$ | ¢ | \$ | ¢ |  |
|  | Mon | Unleaded petrol | 36 litres |  | 54 | 00 | 25 | 00 | 0 |
| E | Fri | Visit to doctor | 1 |  | 50 | 00 | 23 | 45 | ) |
| $\times$ | Sat | Gym membership | 1 |  | 450 | 00 | 100 | 00 | $\bigcirc$ |
| - |  |  |  |  |  |  |  |  | (D) |


| Day | Description of item | Quantity | Tick if ordered Internet$\qquad$ | Total amount paid |  | Amount refundable |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
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## D Goods and services obtained from or paid for by your employer

Record - Any goods or services obtained from your employer for free or at a reduced price for use by you or your household, e.g. goods purchased with a staff discount card.

- Any goods or services paid for by your employer for use by you or your household.
Note - Give an estimate of the price of these goods according to the price you would pay for them in a retail store or other outlet.
- Record details when the goods are received, not when they are used.

| (1) |  | Description of item | Quantity | Tick if ordered over the Internet | Retail value |  | Amount you paid |  | $\Pi$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Day |  |  |  | \$ | ¢ | \$ | ¢ |  |
|  | Mon | Cheese | 500 g |  | 6 | 00 | free |  | Q |
| E | Fri | Nails | 1000 |  | 35 | 00 | 21 | 50 | 3 |
| + | Sat | Radial tyre | 1 |  | 99 | 95 | 65 | 00 | $\bigcirc$ |
| 山 | " | Ladies' haircut | 1 |  | 40 | 00 | free |  | (D) |


| Day | Description of item | Quantity | Tick if ordered over the Internet | Retail value |  | Amount you paid |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
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## E Payments which will be partly charged to your business or farm

$\checkmark \quad$ DO include payments partly charged to your business or farm for taxation purposes e.g. telephone or electricity bills. Show details of these payments and indicate the amount which will be charged to your farm or business.
$x \quad$ DO NOT include payments which will be fully charged to your business or farm.
Note - If you do not know the actual amount to be charged, an estimate will be sufficient.

| (1) |  | Description of item | Quantity | Tick if ordered Over theInternet | Total amountpaid |  | $\begin{array}{\|c\|} \text { Amount } \\ \text { charged to } \\ \text { your business } \end{array}$ |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| O | Day |  |  |  | \$ | 6 | \$ | $\bullet$ | $\times$ |
| E | Mon | Telephone bill | 1 |  | 80 | 45 | 48 | 00 | 0 |
| ธ | Tue | Electric hand drill | 1 |  | 105 | 00 | 25 | 00 | 3 |
| $\times$ | Thur | Unleaded petrol | 65 litres |  | 97 | 50 | 30 | 50 | $\underline{O}$ |
| Ш |  |  |  |  |  |  |  |  | (1) |


| Day | Description of item | Quantity | Tick if ordered Internet | Total amount paid |  | $\begin{array}{\|c} \text { Amount } \\ \text { charged to } \\ \text { your business } \end{array}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
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F Goods and services obtained from your business or farm (If your business is an incorporated company, record in $D$ on page 24)

Record - Any goods or services obtained from your business or farm for use by you or your household.
$\checkmark \quad$ DO include items obtained at a reduced price or for which you did not pay directly.
Note - Give an estimate of the price of these goods according to the price you would pay for them in a retail store or other outlet.

- Give an estimate of the cost to your business or farm of acquiring or providing these goods or services.
- Record details when the goods are taken from the business or farm, not when they are used.

| (1) | Day | Description of item | Quantity | Tick if ordered Internet | Retail value |  | Cost to your business |  | T |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | \$ | ¢ | \$ | $¢$ |  |
| E | Tues | Sheep from farm - approx. 40 kg | 1 |  | 130 | 00 | 20 | 00 | 0 |
| 交 | Wed | $100 \mathrm{~mm} \times 50 \mathrm{~mm}$ hardwood | 4 metres |  | 15 | 00 | 10 | 00 | 3 |
| $\times$ | Fri | Loaves of bread | 3 |  | 9 | 79 | 4 | 00 | $\bigcirc$ |
| Ш |  |  |  |  |  |  |  |  | (1) |


| Day | Description of item | Quantity | Tick if ordered Internet - | Retail value |  | Cost to your business |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | \$ | ¢ | \$ | ${ }_{6}$ |
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