

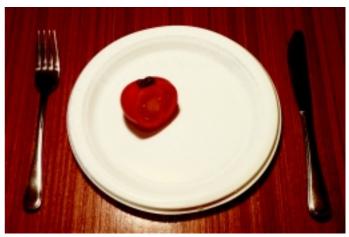
1 serve of salad vegetables



1 serve of baked potato



1 serve of broccoli



1 serve of tomato



1 serve of chips



1 serve of stir-fry